



...the source & voice for families

www.lafcsfamily.org

Louisiana Association of Family & Consumer Sciences Newsletter

Spring/Summer 2009

President's Message

Dear Members:

It was my honor to represent Louisiana Association of Family and Consumer Sciences at the 100th American Association of Family and Consumer Sciences Conference in Knoxville. There were many experiences to reaffirm the theme; Celebrating the Past, Sustaining the Future. Our own member, Lori Myers, in her new role as staff with AAFCS, greeted us at the registration booth. In addition to my registration packet, Lori presented me with pictures for our Louisiana Display. The pictures which represented the Southern University and Louisiana Tech Centennial Celebrations also included pictures from our annual conference and Keeper of the Flame Awards.

My experiences at the AAFCS Conference allowed me many opportunities to meet with other leaders. On Friday morning in the Second General Session, I was invited by the Development Team to share my appreciation for the Gobel Award which helps to defray costs of the annual Leadership Conference. It was a privilege to personally thank Ms. Gobel for her donations. It was also very rewarding to share in my human development and family relations luncheon. The speaker shared stories about the songs of women in India. In an effort to sustain our future, during the luncheon, I sat with representatives from Southern University New Orleans campus and shared information about LAFCS.

Sarah DeRoche, our Student Leader, and I represented LAFCS at the AAFCS Senate Meeting. The senate met, installed officers, and made a resolution in record time. It was especially rewarding to see Sarah's enthusiasm and optimism for the future of AAFCS. It was equally rewarding to have AAFCS recognize two of our LAFCS members, Mollie Abadie and Freddie Johnson as members with 50 years. Perhaps more important than the national award is the support that our members, Harriette Black, Gloria Wiggins, and Dr. Eva Fields demonstrated by travelling to the awards ceremony with their colleagues.

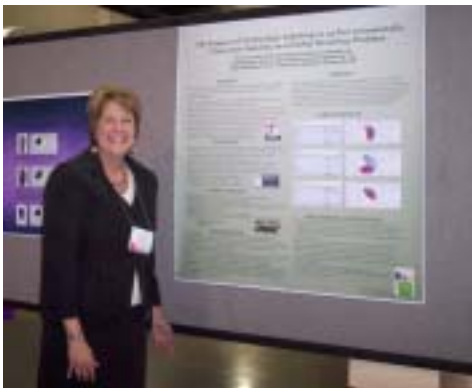
The Saturday Closing Gala was a beautiful experience. The centennial display included glass fixtures which were given to conference attendees. At the Gala, I had the pleasure of sharing a table with Cassandra August, a 1976 graduate of Northwestern in Monroe. She was advised by Daisy Daniels and had classes with Renee Jackson. Cassandra is sustaining the future of FACS by teaching college classes in Ohio. She represents one of many who expressed an interest in our LAFCS February 2010 Annual Conference.

I look forward to seeing you all on September 18, 2009 at our Fall Leadership Conference at Forest Hill.

Vickie Smith



Vickie Smith and Sarah Deroche at the 2009 AAFCS Senate



Sharon Pate, with poster presentation at 2009 AAFCS 100th Annual Conference & Expo



Vickie Smith, Lori Myers and Cassandra August connect at the Gala

This newsletter is published for members of the Louisiana Association of Family & Consumer Sciences. Members may submit information for its publication.

LAFCS Board of Directors
June 1, 2009 - May 31, 2010

President
Vickie Smith

President-Elect
Gail McMillon
Southeastern LA University

Vice-President of Annual Meeting
Miranda Smith
Louisiana Tech University

Vice-President of Membership
Christy Sorenson
LSU Agricultural & Extension Service

Vice-President of Public Relations
Sharon Pate
University of Louisiana at Lafayette

Treasurer
Audrey Jo Weaver
Northwestern State University

Secretary
Betty Robertson
McNeese State University

Executive Director
Newsletter Editor
Jan M. Zeringue
P O Box 91171
Lafayette, LA 70509
(337) 896-0435
lafcs@bellsouth.net

Website: www.lafcsfamily.org

Annual Meeting Rotation

LAFCS has four districts which share responsibilities for hosting annual meeting. The following is a schedule of rotation for the location and district hosting of annual meeting.

<u>Year</u>	<u>District</u>
2010	Northern
2011	Southeast
2012	Southwest
2013	Central

It's Nomination Time!

Looking for a way to develop or use some of your leadership skills? Each year, LAFCS elects board members who serve as a guide for the organization for the following fiscal year, which runs from June 1 through May 31. Every year, a president-elect and vice-president of annual meeting is elected.

Most terms, except for the vice-president of annual meeting and president-elect, call for a two-year commitment. For logistical reasons, we try to elect a vice-president of annual meeting from the district which will host the annual meeting. The member holding this office is responsible for chairing the committee which plans and hosts the annual meeting. The president-elect makes a three-year commitment to LAFCS. The first year is served as president-elect; the second as president; and the third as past-president. The president-elect has to be a member who has previously served on the board.

In 2010, the organization will also need to elect a Secretary, Treasurer and VP of Membership.

The nominations committee consists of the past-president and the executive director. If you have nominations or an interest in serving as a board member, please contact either Doze' Butler, Past President, or Jan Zeringue, Executive Director.



Left to Right: Gloria Wiggins, Harriette Black, Vickie Smith and Mollie Abadie arrive as part of the AAFCS centennial celebration in Knoxville, TN.

2009 LAFCS Annual Meeting

March 2009

Communication Tactics

Dr. Paula Fair offered LAFCS members many suggestions for working with the media to communicate the organization's message. Through a historical explanation of the development of media options, participants learned of options to seek, situations to avoid and methods for controlling the message. Controlled media includes: paid advertisements, websites without public input, memos, newsletters, flyers and brochures.

In preparing information for controlled media, Dr. Fair suggests that we be specific, know the audience, consider the ultimate outcome and use multiple ways to get the message out. The most persuasive messages are delivered through interpersonal communication. Find opinion leaders who can help get your message to those you want to reach. Keep in touch with media contacts and provide well written press releases.

Toot Your Own Home

A team of three FCS professionals worked together to present "Toot Your Own Horn," a message to encourage members to work toward increasing awareness of what the profession offers to our world.

Bette Howell-Maroney used humor to show where concepts of the profession have been featured in publications. She encourage us to stay strong and to remember that "behind every successful woman is herself."

Amanda Almond Collette, a graduate of Northwestern State University, gave a presentation of her career as a buyer at JC Penney. She spoke on responsibilities and how her work has progressed in the early years of her professional work.

Connie Jones spoke on the importance of tooting your own horn.

Coming Home Through Culture Change

Representatives from the Louisiana Health Care Review, Julie Kueker and Wilma Marler, presented information on changes in housing and care for those in nursing homes. This agency is working with nursing homes to help with public quality scores. Participating agencies are guided through a culture change that makes the facilities appear and function in more home or neighborhood-like ways. This improves the morale of residents, the attention given to clients and the quality of care. Relationships between staff and residents are now being honored, rather than discouraged.

Six principles are implemented through the change process:

Seek normalcy in all things.

Home is our sanctuary.

Home is where we host our visitors.

All homes have a front door.

All homes have a kitchen.

All homes have a recognized dimension of privacy.

The culture change includes greeting everyone as a guest, gracious problem solving, courtesy and tact in communications, anticipating needs, listening with care and enjoying people and their diversity.

Sustainable Gardening A to Z

Dr. Lynn Dix, Northwestern State University, used the alphabet to help members learn of ways that they can be more friendly to the environment and enjoy the benefits of home gardening.

**Mark your calendars for
LAFCS Annual Meeting
Feb. 26-27, 2010**

2009 Award Recipients

Harriette Black hosted the 2009 LAFCS Awards Programs, featuring a special centennial recognition of members. Some traditional awards were also presented.

Dr. Eva Fields was recognized for 59 years of teaching. Mollie Abadie was recognized for 50 years of AAFCS membership.

Dr. Lori Myers entertained members with a special presentation. In full costume as Ellen Swallow Richards, she gave her "autobiography".

Sherri Hogg, of Prevent Child Abuse Louisiana, was named 2009 LAFCS Friend of the Family, for her work in serving as a strong voice for children and families while working on the prevention of child abuse.

Dr. Betty Robertson, McNeese State University, was given the 2009 LAFCS Wiley-Berger Volunteer Service Award for her work with Prevent Child Abuse Louisiana.

Dr. Sharon Pate, University of Louisiana at Lafayette, was named the 2009 LAFCS Leader.

In keeping with the AAFCS centennial celebration, an LAFCS Keeper of the Flame Award was created to recognize those who have demonstrated leadership in promoting the FCS profession:

Northern District - Harriette Black

Central District - Pat Pierson

Southeast District - Pecola Scott

Southwest District - Mollie Abadie and Dr. Barbara Coatney.



2009 Annual Business Meeting

Many topics were covered during the annual business meeting of the Louisiana Association of Family & Consumer Sciences:

Nomination Committee Chair, Rena' Jackson, reported the election results: Gail McMillon, President-Elect; Lori Myers, VP of Annual Meeting; and Sharon Pate, VP of Public Relations.

Sharon Pate, VP of Public Relations, reported that she has been working with the UL staff to support FACS Education Majors. She has offered to mentor them. In addition, she will be seeking connections with FCCLA to reach potential members.

Webmaster, Bette Howell-Maroney, asked that members check the AAFCS website to verify that their information is correct. Photos and information for publication on the website should be submitted to her.

Two committees were appointed to revamp the awards and scholarship programs. One will focus on awards and the other on scholarships. The goal of the scholarship committee will be to increase the potential for students to apply. Students asked for better means of communicating information about the scholarships and application procedures. The committee will also focus on increasing contributions the funds so that amounts can be increased. Those focusing on awards will work to update them to increase interest in the process so that members can be appropriately recognized for contributions to the family and consumer sciences profession. President, Doze' Butler, appointed members to each committee, including representatives from each district and university.

Keepers of the Flame, Left to Right: Pat Pierson, Harriette Black, Mollie Abadie and Dr. Barbara Coatney.



*...the source &
voice for families*

2009 Annual Meeting Memories



LAFCS Board Members, left to right: Gail McMillon, President-elect; Dr. Doze' Butler, Past-President; Vickie Smith, President; Sharon Pate, VP of Public Relations; Dr. Betty Robertson, Secretary; Audrey Jo Weaver, Treasurer.

LAFCS Members Involved at AAFCS 100th Annual Conference & Expo

by Sharon Pate

The AAFCS conference in Knoxville was a very exciting time to be a part of the organization. Reaching the 100 year milestone was quite an accomplishment for a national organization that began with a few people and an idea to improve the lives of individuals, families and communities. With this as a continued goal, the Conference theme of *Celebrating the Past and Sustaining the Future* was evident in the Speakers Presentations and Research Sessions.

Our Louisiana members were active at the conference from the time we received our registration packets from Lori Myer (formerly professor of Louisiana Tech) now on the AAFCS staff as Pre Professional Assessments and Certifications. Our President Vicki Smith showed great leadership by being involved in the national senate sessions, Affiliate Presidents' meetings, executive committee meetings and the poster session, *The Affiliates Celebrate AAFCS 100th Anniversary*. Sharon Pate, University of Louisiana at Lafayette also served on the national membership committee welcoming new members to the organization and developing plans for future membership activities.

Several members gave research presentations: Gail McMillion, Southeastern Louisiana University *Teaching Inspired by Others, Engaging Generation Y in Apparel Design and Construction*; Kathleen Heiden, Louisiana Tech presented research regarding, *Sustaining Individuals, Families, Communities and the FCS Profession in a "Flat" World*; Sharon Pate, University of Louisiana at Lafayette, poster session presentations, *The Impact of Technology Labeling as an Environmentally Conscious Solution to a Global Retailing Problem*, and *Family and Consumer Sciences Students' Perception of Faculty Dress*.

Kathleen Heiden from Louisiana Tech worked closely with Melinda Adams the Community Chair of the Apparel, Textiles and Design to create an extraordinary showcase this year with the largest attendance ever. Kathleen also created a design entitled, *Recycled Rock and Roll*. Dr. Doze Butler, Southern University Louisiana participated by making quilt squares for the Apparel, Textiles and Design Community Raffle, giving the sustainable quilt of cotton and bamboo fabric with natural dyes, a definite Louisiana flare.

We also had a special recognition of our 50 year member Mollie Abadie. Mollie has been active in the Louisiana association for many years and was recognized for her accomplishments and dedication to the profession.

The Keynote speaker address by Doris Christopher, Founder and Chairperson of The Pampered Chef provided inspiration for establishing Family Resilience Programs and direct selling opportunities, while emphasizing the importance of the Family dinner table.

As an exhibitor for many years the Soap and Detergent Association, Seventh Generation, Inc. and Dial Consumer Information Center allowed us to rethink sustainability at the Third General Session. This panel session of these experts in the field of suitability provided information that can be used in the classroom and our daily lives.

This Conference celebrating our history inspired the attendees to continue their excellent efforts of improving lives of individuals, families and communities at the affiliate and local community level.



AAFCS 100th Annual Conference & Expo
CELEBRATING THE PAST, SUSTAINING THE FUTURE
June 25-28, 2009 ~ Knoxville, Tennessee

LAFCS District Officers 2009-2010

Northern District

President	
President-Elect	Janet Pope
Secretary/Reporter	June Brunyninckx
Treasurer/Awards Chair	Harriette Haley-Black

Southeastern District

President	Gina Eubanks
President-Elect	Doze Butler
Secretary/Treasurer	Gail McMillan
VP of Membership	Pecola Scott
Public Policy/Legislative	Debora C. Johnson
Awards Chair	Mary Junot

Central District

President	
President-Elect	Connie Jones
Secretary/Treasurer/Reporter	Pat Pierson
VP of Membership	Bette Howell
Public Policy/Legislative	Bette Howell
Awards Chair	Jo Weaver

Southwestern District

President	Sharon Pate
President-Elect	Janet Weber
Secretary	Dr. Barbara Coatney
Treasurer	Jan Zeringue
VP of Membership	Myrtle Deranger/Gloria Wiggins
Public Policy/Legislative	Delta Gary
Awards Chair	Mollie Abadie

Student Unit

Officers for the LAFCS Student Unit included the following members for the 2008-2009 term:

Chair	Sarah Deroche
Vice-Chair	Christian Samaha
Reporter	Miranda Smith, LA Tech
Treasurer	Rachel Finders, Northwestern
Historian	Kacy Brown
Awards	Olyvhia Essien

Student Unit Chair, Sarah Deroche reports a need for Vice-Chair, Reporter, Treasurer and Historian. Please submit referrals to her at deros797@its.nicholls.edu.

LAFCS Board Uses New Technology

In June 2009, under the leadership of LAFCS President, Vickie Smith, the LAFCS Board of Directors met through its first teleconference. Members present included Harriette Haley Black, Doze Butler, Debbie Johnson, Betty Howell Maroney, Gail McMillon, Lori Myers, Sharon Pate, Betty Robertson, Miranda Smith, Vickie Smith, and Jan Zeringue. Prior to the meeting, members were emailed instructions for calling in to the meeting.

Using tools such as this helps LAFCS members align with one of the AAFCS goals of sustaining resources. Besides the savings of travel time and fuel, the board experienced efficiency since several members had access to files and computers where information was easily accessed as needed.

The purpose of the first board meeting of the fiscal year was to report on updates from committees appointed during the annual business meeting: scholarships, awards, 2009 annual meeting plans and to discuss preparations for LAFCS member activities at the AAFCS annual meeting in Knoxville, TN.

The Louisiana Affiliate displayed this poster during the AAFCS 100th Annual Conference & Expo in Knoxville, TN. A sincere thanks to those who assembled and displayed it for the centennial celebration.



2009 Annual Meeting Memories



Blessing the Munch and Mingle



Central District Hosts, Connie Jones and Pat Pierson.



Lots of door prizes - and a "recycleable" means of pulling for them.



Green ditty bags.

Northern District Celebrates Centennial

by Harriette Black

The Northern District of the Louisiana Association of Family and Consumer Sciences held a meeting on Saturday, July 25, 2009 in the home of Dr. Daisy Daniels in Monroe. Harriette Haley Black was co-hostess. The meeting was billed as "A Birthday Party for FACS (Home Economics)" and LOTS of phone calls had been made to invite everybody that could be thought of, including former member.

The hostesses decorated with seasonal flowers from their gardens and prepared a display of the history of LAFCS and AAFCS. A favorite part was a plate from the past commemorating AHEA from a long ago convention Daisy attended. Lori Myers brought the new plate that commemorates 100 years which she had purchased. Harriette brought the commemorative gift, a crystal pillar with our emblem, that she received in Knoxville. There was another display of items from the Knoxville Conference and Lori Myers shared her lovely Betty Lamp that was a gift from fellow teachers when she left LA Tech University to work for AAFCS. She's promised we can use it at conference next year, too.

Lori also gave a short talk about the profession and changes from the past and changes that are to come. We have a bright future even if it is going to be different. There was good attendance of members as well as former members. Lovely refreshments were enjoyed including a decorated birthday cake made by Dr. Daniels.

A short business session had good results with a full officer roster. Miranda Smith, who is the VP of Annual Meeting, told us she will be teaching in Mansfield when school starts and will actually have to take a day off from school to attend her graduation at Tech. She gave an overview of conference plans and got volunteers for her sub committees. Response was excellent from all. Many good suggestions and ideas flowed in the happy and up beat group. Be sure to mark February 26 and 27 on your 2010 calendar and come to Ruston for a great annual meeting.

In Memoriam

We extend deepest sympathies to the family and friends of Maude Thevenot, who died on April 25, 2009. She served the family and consumer sciences profession and LAFCS with dedication and commitment.